A cartoon of a person with her hand to her mouth

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**How can you keep yourself safe? Please complete an Overdose Safety & Rescue plan today!**

Evidence suggests that 60%+ of fatal heroin overdoses occur when people have been using alone.

**Do you use heroin alone?**

Are you aware of the increased risks that some synthetic opioids pose with regards to overdose?

Could you / they rethink how you / they use so that someone could respond with Naloxone if needed?

Do you or someone you know ever use alone? Have you / they ever encountered an overdose?

**Naloxone is only effective if there is someone there to administer it.**